

Mentoring Programme

Information Pack



Founded by HRH The Prince of Wales





About Us

PRIME Cymru was founded in 2001 by HRH The Prince of Wales, in response to the many letters he was receiving from those aged over 50, who were struggling to secure work because of their age.

Since then, we have been supporting older individuals across Wales to secure work, set up a business or upskill through volunteering and training.



Volunteer Mentor Programme

Many of our clients lack in confidence and require some help and encouragement to secure a job or make their business dreams become a reality.

Our Volunteer Mentors have access to free training (accredited by the Institute of Enterprise and Entrepreneurs) and Mentor Circle meetings, where they can exchange ideas and share experiences with other mentors.

You can read more about the mentoring initiative on our [website](#).



*Meltem & Paolo -
Click on the image to watch their
mentoring story.*

Our Mentors

Mentoring is a great way for our clients to receive expert guidance from those who have 'been there, done that'.

Their help and encouragement provides invaluable support to those who need a hand to secure a job or make their business dreams become a reality, and the process is very rewarding for both the mentor and the mentee.

Some of the benefits our mentors have cited are:

- Personal fulfilment
- Developing mentoring skills
- Enjoyment of seeing others succeed
- Feeling valued as a role model



Click on the image to hear from our mentors.

Our Mentees

Mentoring has a huge impact on our client's lives, helping them to regain confidence, develop self-esteem, find purpose and become financially secure.



Pepe Aristizabal

"It boosted my confidence to bounce ideas off someone else. It's been a rewarding process because there's been no critique, just help."

[Read more](#)



Stephan Parry

"[My mentor] Debbie has been a great help, very supportive and come up with some brilliant ideas."

[Read more](#)



Lisa Phillips

"I had rejections, but talking things through with my mentor, I was able to see my worth and my purpose and to get back on the horse and try again."

[Read more](#)

Get involved

If you're interested in learning more or would like to have a chat about becoming a Volunteer Mentor, please contact our Projects Manager, Beverley Kennett.

Call: 07969 518083

Email: beverley@primecymru.co.uk



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